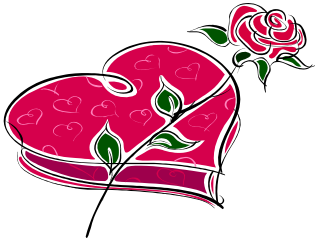

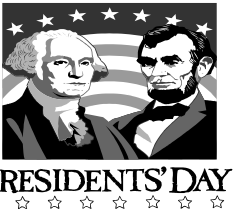



February 2012

To access ingredient content, please call Site Manager at _____

Monday	Tuesday	Wednesday	Thursday	Friday
<p>LS Alt= Low Sodium Alternate</p> <p>LF Alt=Low Fat Alternate</p> <p>(These items must be ordered ahead)</p>		<p>1 Tasty Cube Steak Mashed Potatoes Stewed Tomatoes Whole Wheat Roll Peaches and Pears Medley</p>	<p>2 Chicken and Noodles Cornbread Dressing Steamed Broccoli Carrot and Raisin Salad Grape Juice</p>	<p>3 Super Bowl XLVI Hearty Beef Stew Over Biscuit Tossed Salad w/ Dressing Tropical Fruit Salad</p>
<p>6 Oven Baked Chicken Baked Winter Squash Cream of Vegetable Soup Whole Wheat Bread Pears</p> 	<p>7 Black History Month Gala Ravishing BBQ Ribs (BBQ Chicken-LS/LF Alt) Macaroni and Cheese Limas and Spinach Golden Cornbread Crumb-Topped Peaches</p>	<p>8 Tuna Salad on Ciabatta Roll Broccoli and Cheese Stuffed Baked Potato Apple Slices</p>	<p>9 Roast Turkey Savory Bread Dressing Sautéed Peppers and Onions European Blend Vegetables Multigrain Bread Fresh Grapes</p>	<p>10 Meatloaf Sandwich Baked Beans Spinach Salad with Diced Tomatoes Waldorf Fruit Salad</p>
<p>13 Chicken and Dumplings Steamed Cabbage Carrot Coins Whole Wheat Bread Mandarin Oranges</p>	<p>14 Valentine's Day Honey Baked Ham (Chicken Breast-LS Alt) Baked Sweet Potato Venetian Blend Vegetables Fruit Cocktail with Cherries Croissant Valentine Dessert</p>	<p>15 Mushroom and Swiss Burger on a Bun Three Bean Salad Roasted Cauliflower Apricots</p>	<p>16 Spinach Lasagna Tossed Salad w/Dressing Breadstick Prunes</p>	<p>17 Chili with Beans Baked Potato Golden Cornbread Frosted Fruit</p>
<p>20</p> 	<p>21 Turkey and Swiss Sandwich Brussels Sprouts Potato Chowder Apple Juice</p> 	<p>22 American Heart Month Lemon Baked Cod Hearty Rice Pilaf Baked Italian Vegetables Orange Juice Whole Wheat Bread Calico Fruit</p>	<p>23 Succulent Roast Beef with Potatoes and Carrots Whole Wheat Roll Mixed Melon Balls</p>	<p>24 Lenten Friday Macaroni and Cheese Parmesan Spinach Cozumel Blend Vegetables Whole Wheat Bread Fruit Parfait</p>
<p>27 Savory Sausage Gravy Hard Boiled Egg (LS Alt-Hamburger Gravy) Over Flaky Buttermilk Biscuit Buttered Succotash Asparagus Chilled Grape Juice</p>	<p>28 Chuck Wagon Steak Green Peas Mashed Potatoes with Gravy Pineapple Tidbits Whole Wheat Roll</p>	<p>29 Birthday Celebration Barbeque Chicken Scalloped Potatoes Broccoli Salad Whole Wheat Roll Purple Plums Birthday Cake</p>	